



In early July, the INCC team were invited to the grand unveiling of the new community art installation in Ammanford.

The mural is a celebration of the local area. It was so wonderful to see the environment, marsh fritillary butterfly and devil's-bit scabious at the heart of the design.

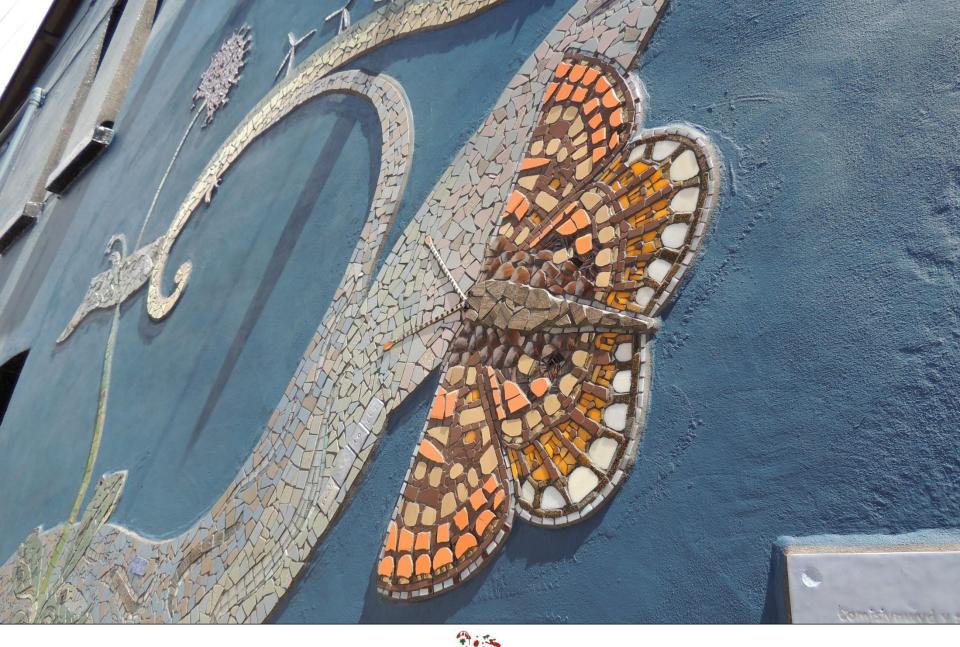
Huge thank you to the Ammanford Lions Club for supporting the project and to community artist Danni Lee for the design and all the volunteers who helped create it.



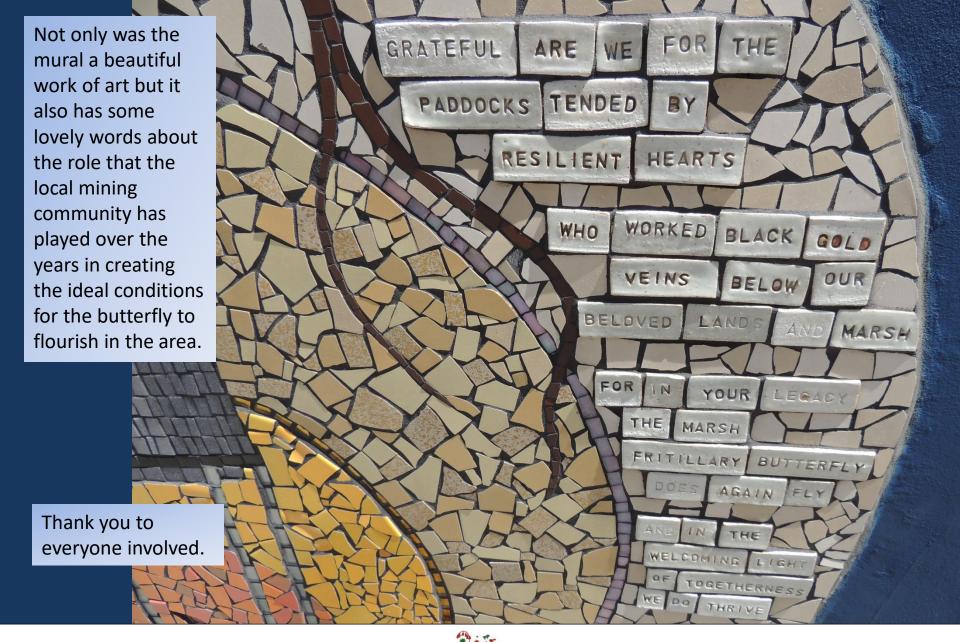


















Unfortunately, Red Squirrels are now one of the rarest mammals in England and Wales.

In Wales they are confined to conifer forests in mid Wales, north Wales and Anglesey.

The forests are not the best of habitats for squirrels because the seeds in the pine cones are very small, so they need a lot of them to survive. However, because conditions are so bad and food so hard to come by in conifer forests, the non-native Grey Squirrel (Sciurus carolinensis) doesn't often venture into these areas. The nonnative Grey Squirrel is larger and more aggressive than the Red Squirrel and also carries a Squirrel Pox, which is deadly to the reds. These conifer forests are now the last salvation for our native Red Squirrels.



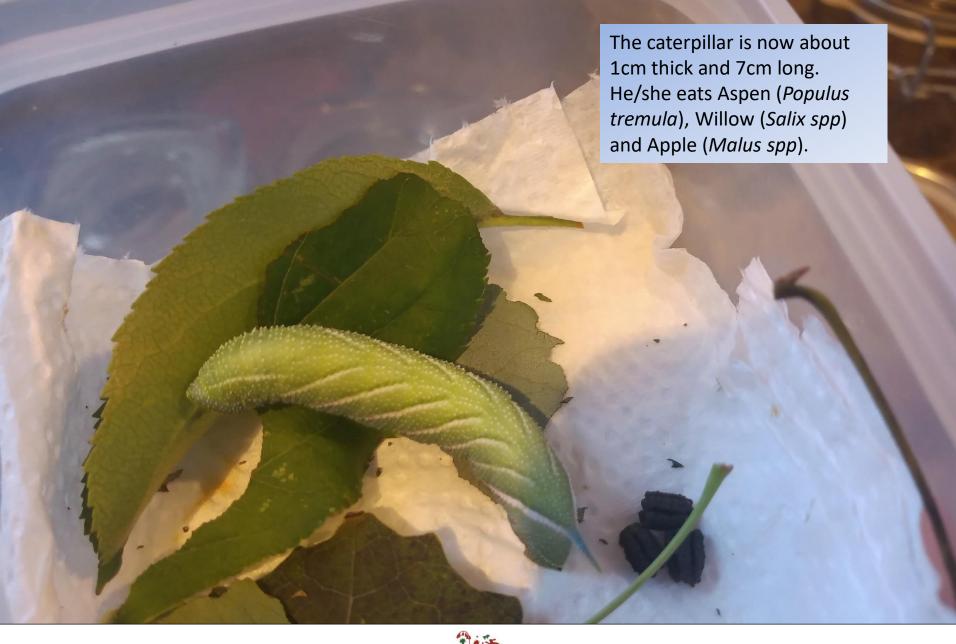














This time of year is a good time to take a closer look at Nettles (*Urtica dioica*). Nettles are wonderful for wildlife and they are the food plant of caterpillars such as this Peacock (*Aglais io*) and the Small Tortoiseshell. The association with nettle is reflected in the Small Tortoiseshell's Latin name *Aglais urticae*.







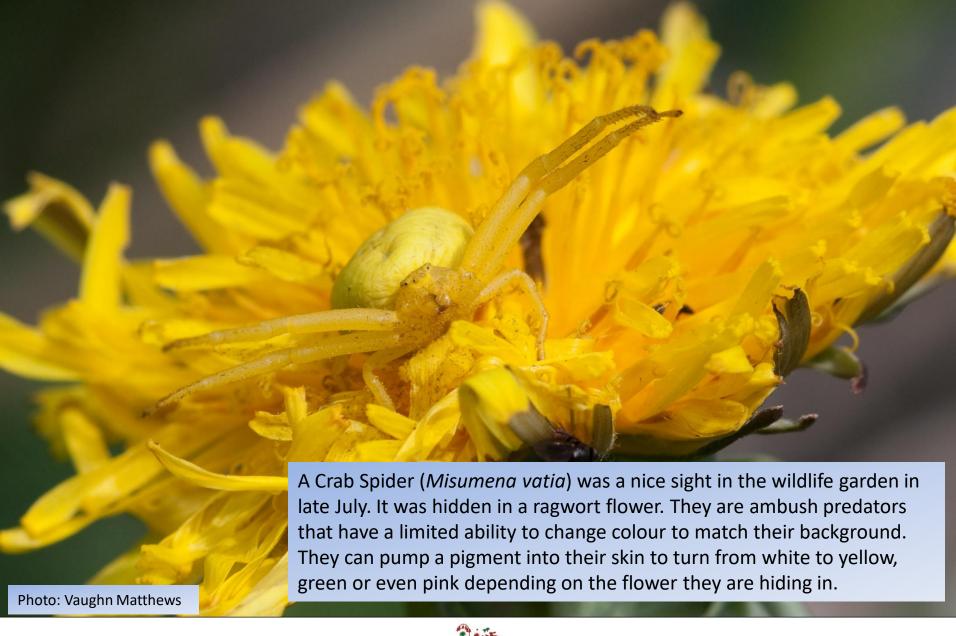
















Swifts (*Apus apus*) are one of the most charismatic birds in the Valley with their screaming calls an evocative sound of summer. They only spend a few short months in this country before heading back to Africa in early August. This one has a full 'bolus' of insects it has caught while flying.

Photo: Vaughn Matthews



